



Intracapsular tonsillectomy (2 of 5) - What can we try before an operation?



easy-read



This leaflet is part of the EASY-READ series for people with learning difficulties.

The original leaflet is available [here](#).

Intracapsular tonsillectomy

PART 2 OF 5

What can we try before an operation?



Click on each of the following questions to discover the answers.

WHAT ARE THE ALTERNATIVE TREATMENTS?



Sometimes, **TONSILLITIS** is treated with painkillers



Your child will need lots of rest



Saltwater mouth rinses can help.

This can make tonsillitis less painful and reduce how often your child gets it.



Some young children find mouth rinses difficult to do



Some types of Tonsillitis are treated with antibiotics



Painkillers and lots of rest are important too



Too many courses of antibiotics can cause other problems



You can wait and see if the problem gets better by itself
Children often grow out of the problem over a year or so

WHAT IF MY CHILD HAS A LOT OF PROBLEMS WITH THEIR TONSILS?



Your child might need an operation called tonsillectomy.

Trusted
Information
Creator



ENT UK has recently gained PIF TICK accreditation to become a 'trusted information creator'.

Patient Information Forum

Kindly submit your feedback to help us improve our Patient Information Leaflets.

We greatly value your input and appreciate the time you take to provide it.

FEEDBACK SURVEY



Date Published: 15/01/2025 **Review Date:** 15/01/2028